









THE CENTRAL AMERICAN AND CARIBBEAN SWIMMING CHAMPIONSHIPS XXIX

The Championships will be held in Barbados at the Aquatic Center, Wildey from June 23rd to 27th. Bermuda has selected a team of athletes who have reached a minimum of 2 AAA time standards to represent us at the Championships. All of these swimmers were part of the Carifta Championships earlier this year in Barbados and will be looking to improve on their Carifta performances. With 28 countries invited to participate at the Championships this will be a great challenge for our swimmers to test themselves against the best from our region.

 100 back 50 free 400 free 100 breast 50 back 200 free 50 breast 200 back 200 IM 100 free	<u>Skyler Powell</u> Local Swim Club: Sharks Age: 13 School: BHS 1 st time to CCCAN Main events: free and IM. Skyler will be looking to build off her strong performances at her first Carifta.	 100 back 50 free 200 free 50 back 200 back 100 free 50 fly	<u>Madelyn Moore</u> Local Swim Club: Sharks Age: 15 School: Warwick Academy 1 st time to CCCAN Maddy is well known in Bermuda for her outstanding performances over the last few years at Carifta. She will be looking to continue her strong performances against some familiar competitors along with some different challengers.
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 <p>100 back 50 free 200 free 50 back 400 free 100 free 50 fly</p>	<p><u>Ashley Irby</u> Local Swim Club: Sharks Age: 13 School: Saltus Grammar School</p> <p>2nd time to CCCAN</p> <p>Main events: free</p> <p>Ashley has been performing at a high level locally and at Carifta over the last few years. She will be looking to elevate her performances at CCCAN against a very competitive field in her main events.</p>	 <p>200 IM 200 free 50 free 400 free 50 breast 400 IM 100 free</p>	<p><u>Philip Hagen</u> Local Swim Club: Sharks Age: 18 School: Saltus Grammar 1st time to CCCAN</p> <p>Main events: free and IM</p> <p>Philip continues to develop into a strong swimmer and will be looking forward to further improvement at University this fall. He will be looking to further lower the times that he has set this year that will put him in the mix against strong competition.</p>
 <p>200 free 100 fly 50 free 400 free 100 free 50 fly</p>	<p><u>Jesse Washington</u> Local Swim Club: Sharks Age: 16 School: Warwick Academy</p> <p>3rd time to CCCAN</p> <p>Jesse having moved into a new age group has been working hard and improving but it has been difficult to reach the podium as he is at the bottom of a very competitive age group.</p>	 <p>100 back 50 free 400 free 50 back 200 free 200 back 100 free 50 fly</p>	<p><u>Jack Harvey</u> Local Swim Club: Harbour Age: 12 School: Warwick Academy 1st time to CCCAN Main events: Back and free</p> <p>Jack is fresh off his first Carifta and will be looking to make his mark as he follows in his big sisters footsteps.</p>

	<p><u>Keagan Woolley</u> Local Swim Club: Sharks Age: 12 School: Somersfield</p> <p>1st time at CCCAN Main events: free and breast</p> <p>With a full slate of events this will be a great experience for Keagan to continue to develop, get stronger and challenge himself against good competition.</p>		<p><u>Evan Farrow</u> Local Swim Club: Harbour Age: 14 School: Somersfield</p> <p>1st time at CCCAN</p> <p>Main events: free and back.</p> <p>After a few injury plagued seasons Evan is showing some great promise. As he continues to work hard we will see him challenge at this level of competition.</p>
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100 back
50 free
400 free
100 breast
50 back
200 free
50 breast
200 back
200 IM
100 free

1500 free
50 free
200 free
50 back
400 free
200 back
100 free