











SUNDAY, JANUARY 22ND, 2017 RUN & WALK

Bermuda Heart Foundation Primary & Middle School...Route (2.7K) 9:00am Start Senior students and adults...Route (5K) 9:30am Start



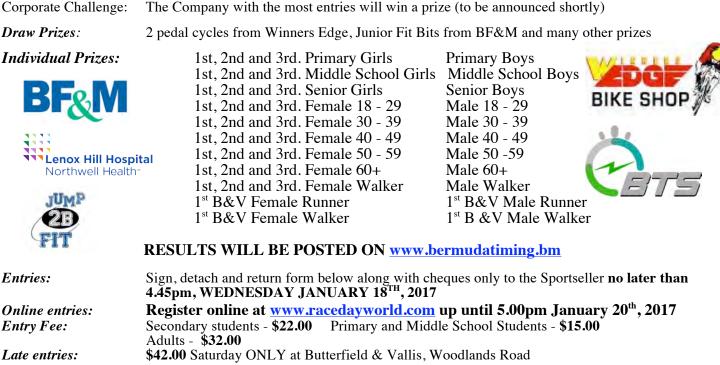
PROCEEDS TO THE BERMUDA HEART FOUNDATION

Sanctioned by the Bermuda National Athletics Association and supported by Mid Atlantic Athletic Club **Timing supplied by Bermuda Timing Systems**

School Challenge: The Primary, Middle & Senior school with the most entries will win \$500 & a Jump2B Fit kit.

Corporate Challenge:

Draw Prizes:



Race numbers and goody bags should be picked up at Butterfield & Vallis, Woodlands Road N.B.

from 10.00 a.m. and 2.00 p.m. on Saturday, January 21st, 2017

Race Director: Terri Durrant at 236-6688 Ext. 416 or 335-4870

Please ensure that your race form is filled out completely and clearly.

CHEQUES SHOULD BE MADE PAYABLÊ TO MAAC

PLEASE PRINT CLEARLY Male ☐ Female ☐ Name: (First) _ (Last)_ IF STUDENT: Name of School plus please state primary, middle or secondary_ Date of Birth: (month, day, year)_ _Age on race day:__ _Email:_ Tick One: ☐ 5K RUN ☐ 5K WALK ☐ 5K NON-COMPETETIVE WALK \square 2.7K RUN (Please note: COMPETETIVE WALKERS MUST WALK the entire distance. If you plan to run at anytime, you MUST enter the run category) Telephone number(s): (H)_ Emergency contact name & number on race day:_

Waiver: In consideration of your acceptance of this entry in the 2017 Butterfield & Vallis 5K Race, I hereby waive and release Butterfield & Vallis, the Bermuda Heart Foundation, Bermuda Timing Systems, the BNAA. and all race officials and other competitors from all claims from injury or damages however incurred during this race. I attest that I am fully fit for this event.

Category: (please circle) Primary Middle Senior 18-29 30-39 40-49 50-59

Signed: (By parent/guardian if competitor is under 21)