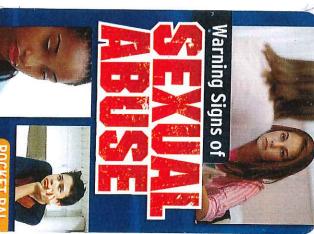
1116-872 Contact Family Services



Protect Children & Teens Know the Signs, According to the U.S. Centers for Disease

Effects of

Childh

100d or

Adolescent Sexual Abuse

50 percent will not within five years, and report the abuse for more than a year, almost yet more than 70 percent of victims will not before age 18. The numbers are staggering, and one in six males will be sexually abused Control and Prevention, one in four females many cases are never reported.

force and coercion. Use can take many forms, including the use of social effects on the victims. Sexual abuse long-lasting physical, mental, emotional, and Child sexual abuse can have immediate and

of these warning signs signs can indicate abuse not prove a child is being children and teens. Any signs and help protect abused, but clusters of taken individually does this guide to learn the



these problems that last Sexual abuse can cause into adulthood

Anxiety and emotional

Self-destructive behaviors, including disorder (PTSD)

traumatic stress disorders, including depression and post-

- Difficulty having healthy sexual relationships drug and alcohol abuse
- Victimizing children later in life Lifelong social isolation and difficulty developing good social skills
- Lost wages and productivity over the course of a lifetime
- Sleep disorders and anxiety attacks

Pasitive Promotions, Inc. BC-192

Signs of Abuse in ounger Children

- Acting out adult sexual behaviors with stuffed animals, toys, or other children
- Inappropriate references to private and situations body parts or knowledge of sexual acts
- Bed-wetting or soiling incidents
- Older child suddenly behaving like a or bed-wetting) younger child (e.g., thumb sucking
- Frequent touching of child's own or other children's genitals
- walking, Pain when Drawing or sexual situations writing about
- sitting, or urinating, or during bowel movements



Signs of Abuse in dolescents

- Alcohol and/or drug abuse
- Self-harm (e.g., cutting, burning, Running away from home

or branding)

- Engaging in risky Extreme mood sexual behavior or promiscuous
- swings
- Developing eating
- Cruelty to small animals disorders such as anorexia or bulimia
- Sudden change in school performance
- Sexually transmitted infections, pregnancy, and/or skipping school or urinary tract infections

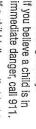
Educate Children dolescents 20

- and warning signs of abuse. development, inappropriate behaviors, Make sure all children and family members know about normal, healthy sexual
- and no one has the right to touch theirs. right to touch other people's private parts Teach children that they do not have the adult tries to touch them inappropriately. parts and give them strategies to use if an Teach children the proper names for body
- Discuss boundaries and appropriate behaviors with children and teens.
- Be aware of adults who seem to have inappropriate children. Do what their contact. you can to limit boundaries with

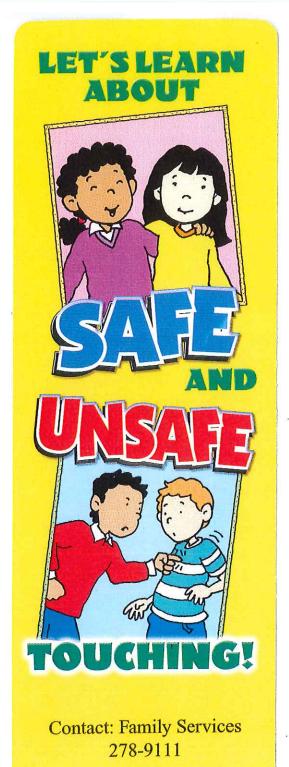
- If you believe a child is in
- If a child tells you that he/she the child help and you understand. Offer listen carefully and show has been sexually abused,
- If a child is reporting being abused by a If the abuse is by a nonfamily member, tamily member, report the abuse to your contact your local police. local child protective services office. compassion.
- the abuse resulted in physical injuries. See that the child is evaluated by a doctor or pediatrician to determine if
- If you have questions about child abuse, at 1-800-4-A-CHILD (1-800-422-4453) contact the National Child Abuse Hotline

If You Suspect Abuse

Get involved right away







you can use your body to have fun and play, and hold hands with people you like every day.

But if someone touches you in an uncomfortable way, these are **NOT** safe touches and are **NOT** OK.

Say "No," get away, and tell a grown-up you trust if someone gives you an unsafe touch.

Remember, unsafe touches
will never do—
Only safe touches
are the right ones for you!



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