



Request for Proposals

On behalf of a private donor, the Bermuda Foundation seeks grant proposals for programmes that provide support to young adults in the area of mental health. Proposals will be evidence-based and go beyond existing local service delivery approaches such as individual psychotherapy and medication care plans.

According to Elliot Brenner, author of “The Crisis of Youth Mental Health,” published by the Stanford Social Innovation review in 2019, one in 5 children in the United States has a diagnosable mental health condition. At least 85% percent of those in need of treatment do not get it.

In Bermuda, preliminary inquiries into user experiences indicate that programming for young people who need mental health support is limited in terms of options, availability and access. Such programmes and supports would include:

- Suicide and self-harm prevention services
- Community-based mental health support services – direct services or access to service
- Evidence-based mental illness treatment / intervention programmes
- Group therapy and support groups
- Connecting disparate and disconnected networks of support

Innovative treatment delivery models are being sought locally to address mental health treatment gaps to reach people who may not have access to individual therapy or who need community-based supports to maintain and sustain treatment gains.

The funding interest is specific to young adults ages 18-25 (age range used by Society for Adolescent Health and Medicine; the United Nations uses 15-24) and proposals should reference an evidence base. Possibilities could include training laypersons to address mental health needs such as depression and anxiety, digital self-help technology. These are illustrative examples and are not meant to be exclusive or limiting in any way.

Affordability and access, destigmatization, scale (reach larger numbers) and population suitability will be key considerations. An evaluation method must be proposed in support of a submission.

To drive nonprofit sustainability and to leverage existing infrastructure and governance, proposals from registered charitable entities and nonprofits are being sought.

Ideally, sole practitioners and private businesses will seek a nonprofit partner to sponsor or partner around the proposal.



Proposals can be submitted at: <https://www.grantinterface.com/sl/i6UGZF> **or** visit www.bcf.bm, click **APPLY** and select the application. Note: A new user account will have to be created if you do not already have one.

Questions can be directed to: info@bcf.bm. Note that the grant application includes more details on requirements.

Proposals should be submitted by: **May 27th, 2021 at 5pm.**