



GOVERNMENT OF BERMUDA

PROCLAMATION

Grief and Loss Awareness Day

WHEREAS, grief and loss are universal experiences that touch all individuals, families, and communities, yet they often remain unspoken and unsupported, leaving many to suffer in silence;

WHEREAS, Bermuda's Grief and Loss Awareness Day will serve as an opportunity to raise awareness of the profound emotional and psychological impact of grief and to promote understanding, compassion, and healing for those affected by loss;

WHEREAS, Bermuda has programmes that provide critical services, including counselling, education, and resources, to individuals and families coping with grief, addressing a vital need in our community;

WHEREAS, unaddressed grief and loss can lead to significant social and mental health challenges, making it essential to provide accessible support and educational resources to individuals and families;

WHEREAS, Grief and Loss Awareness Day encourages businesses, schools, faith communities, and civic organizations to stand for a cause that touches us all.

NOW, THEREFORE, I, Michael A. Weeks, Minister of National Security, do hereby proclaim **March 7th, 2025**, and the first Friday of March annually thereafter, as **Grief and Loss Awareness Day** in Bermuda.

I encourage all Bermudians to observe this day by showing compassion to those experiencing grief, participating in community events, and supporting initiatives that provide healing and hope. Together, we can create a more empathetic and supportive community.

Proclaimed this 7th day of March 2025.

The Hon. Michael A. Weeks, JP, MP
Minister of National Security